

C-PAC services are funded by  
*Northeast Health Partners*  
and *Health Colorado*.

Administratively managed by  
*Beacon Health Options*



**For immediate help with a  
behavioral health crisis  
please contact:**



**[www.cpack.org](http://www.cpack.org)**

Now Enrolling Primary Care,  
Pediatric and Internal  
Medicine Providers!

**To enroll or for  
additional information  
contact:**

**Elizabeth Richards,**  
MSW, LCSW  
C-PAC Program Supervisor  
719-579-7897 (o)  
719-367-7164 (c)  
Elizabeth.Richards@  
beaconhealthoptions.com

or  
**Amy Annett, MA**  
C-PAC Care Manager  
719-538-1479 (o)  
719-367-7298 (c)  
Amy.Annett@  
beaconhealthoptions.com



**For Adults & Pediatrics**



**Free Psychiatry  
Consultations for  
Primary Care  
Prescribers within 30  
minutes!**



## Did you know?

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- ◇ Primary care clinics are the **most common setting** where patients present with behavioral health issues.
- ◇ **1 in 5 adults have a mental health condition.** That's over 43 million Americans. And nearly half have a co-occurring substance abuse disorder.\*
- ◇ **9.6 million** Americans experience suicidal ideation.\*
- ◇ Youth mental health is worsening and access to care is limited. Over **1.7 million** youth with major depressive episodes **did not** receive treatment. And **7.7%** of youth had **no access** to mental health services through their private insurance.\*
- ◇ There is a **significant shortage** of behavioral health providers. Colorado is ranked 17th out of the 50 states in access to behavioral health care.\*

**C-PAC can help fill the need for quick access to psychiatry and behavioral health services. We provided over 1,600 consults and services to PCP practices in Colorado in 2017-2018.**

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## Colorado Psychiatric Access & Consultation

(C-PAC)

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### Program Components

- ◇ Primary Care Prescribers can access **FREE telephonic psychiatry consultation within 30 minutes** Monday thru Friday, 8am-5pm (excluding holidays).
- ◇ C-PAC services are **FREE** for **ALL patients** regardless of age, insurance status or payer source.
- ◇ The phone consultation with a psychiatrist can be for diagnosis review, medication recommendations and/or treatment recommendations.
- ◇ Site visits and trainings with board certified/licensed psychiatric consultants.
- ◇ C-PAC administrative staff can assist patients in accessing out-patient behavioral health services and navigating complex behavioral health systems.



### Prescribers who use C-PAC services say:

- ◇ “I gained confidence in diagnosing and treating behavioral health problems.”
- ◇ “This helps fill a huge gap in care.”
- ◇ “C-PAC helps increase identification of undiagnosed behavioral health conditions.”
- ◇ “We had a training with C-PAC last year, it changed the way we screen our patients for mental health issues, specifically depression. The psychiatrist was really knowledgeable and easy to talk to.”



*\* Source Credit Mental Health America 2018*